

MDHS CANTEEN MENU

FRIDAY ONLY - TERM 4, 2023

-RECESS-

PLEASE NOTE: RECESS ITEMS ARE NOT AVAILABLE FOR LUNCH

- CHEESIE..... \$1.50
- VEGEMITE CHEESIE..... \$1.50
- BLUEBERRY MUFFIN..... \$1.30
- APPLE SLINKIES..... \$1.50
- BANANA PIKELET (2 PIECES).... \$1.30
- POPCORN..... \$1.00
- FRUIT KEBABS..... \$1.30

-TOASTIES-

- CHEESE..... \$3.00
- HAM & CHEESE..... \$4.00
- HAM, CHEESE & TOMATO..... \$4.50
- CHICKEN & CHEESE..... \$5.00
- HAM, CHEESE & PINEAPPLE..... \$5.50

-DRINKS & SWEET TREATS-

- 250ML 100% JUICE..... \$2.00
(APPLE, APPLE & BLACKCURRANT)
- 1/2 MILKSHAKE..... \$2.00
- FULL MILKSHAKE..... \$4.00
(STRAWBERRY, CHOCOLATE, CARAMEL, SPEARMINT)
- BANANA SMOOTHIE..... \$3.50
- MANGO SMOOTHIE..... \$3.50
- ICE DELIGHTS..... \$2.00
- QUELCH STICK..... \$0.50

WE ARE AN ALLERGY AWARE CANTEEN

- Less Healthy Choice
- Okay Choice
- Healthier Choice

This menu is in line with the State Government Traffic Light System
(No red foods at our Canteen!)

-HOT FOOD-

- PIZZA \$3.50
(HAM & CHEESE - HOMEMADE)
- CHICKEN STRIP WRAP.....\$5.50
(PLAIN OR SWEET CHILLI WITH LETTUCE, CARROT, TOMATO, MAYO)
- CHICKEN BURGER..... \$6.00
(WITH LETTUCE, CARROT, TOMATO, MAYO)
- STUFFED POTATO.....\$4.00
CHOICE OF:
 - HAM CHEESE & PINEAPPLE
 - CHICKEN CHEESE & PINEAPPLE
 - BAKED BEANS & CHEESE

-SANDWICHES, ROLLS & WRAPS-

SANDWICH \$5.00 | ROLL \$6.00 | WRAP \$5.00

- EGG & SALAD
- CHICKEN & SALAD
- HAM & SALAD
- TUNA & SALAD

SALAD INCLUDES: LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT, CHEESE

TO ORDER

Place the order in a sealed envelope, canteen bag (available at the front office), **OR** piece of paper in the front office **before 8:45 am** on Fridays.

PAYMENT OPTIONS

CASH: Place the correct money in a sealed envelope along with the order.

EFT: Mukinbudin P&C Assoc Canteen
BSB: 633 000
Account Number: 128975687

Our Canteen is proudly run by the MDHS P&C

CANTEEN SUPERVISOR

VAL TILBROOK | PHONE: 9047 1291 OR
0472 582 722